

Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 26. January	Tuesday, 27. January	Wednesday, 28. January	Thursday, 29. January	Friday, 30. January
SUPPE  Savoy cabbage and potato soup approx 179.1 cal. 2.50	SUPPE  Indian lentil and spinach soup approx 114.7 cal. 2.50	SUPPE  Black salsify soup approx 85.7 cal. 2.50	SUPPE  Cream of parsnip soup approx 70.2 cal. 2.50	SUPPE  Cream of pea soup approx 122.0 cal. 2.50
AROUND THE WORLD Stars of the season: root vegetables Sliced chicken with root vegetables Rosemary sauce Spätzli Marinated purslane approx 677.2 cal. / Chicken: Switzerland INT CHF 12.00 / EXT CHF 15.50	AROUND THE WORLD Chilli con carne Spicy beef with beans, corn and bell peppers Long grain rice Guacamole Nachips approx 756.5 cal. / Beef: Switzerland INT CHF 12.00 / EXT CHF 15.50	AROUND THE WORLD Stars of the season: root vegetables Viennese creamy veal goulash Spinach noodles Baked parsnips approx 734.7 cal. / Veal: Switzerland INT CHF 12.00 / EXT CHF 15.50	AROUND THE WORLD Emmental sausage schnitzel Red wine sauce French fries Peas à la française approx 973.6 cal. / Escalope (veal, pork): Switzerland INT CHF 12.00 / EXT CHF 15.50	AROUND THE WORLD  Marinated dorade fillet Noilly Prat sauce Saffron risotto Broccoli approx 865.7 cal. / Gilthead: Turkey INT CHF 12.00 / EXT CHF 15.50
ENJOY GREEN  Veganuary Indian vegetable samosas Lentil dal Naan bread Cucumber raita approx 770.2 cal. INT CHF 9.00 / EXT CHF 12.50	ENJOY GREEN  Veganuary Stars of the season: root vegetables Beetroot and barley patty Soy yoghurt dip with coriander Creamed black salsify Fried Brussels sprouts approx 413.2 cal. INT CHF 9.00 / EXT CHF 12.50	ENJOY GREEN  Veganuary Cevapcici based on soy and wheat protein Ajvar sauce Lyonnaise potatoes Sautéed white cabbage approx 747.1 cal. INT CHF 9.00 / EXT CHF 12.50	ENJOY GREEN  Veganuary Stars of the season: root vegetables Orecchiette Gourmet mushroom Bolognese Baked root vegetables approx 562.7 cal. INT CHF 9.00 / EXT CHF 12.50	ENJOY GREEN  Veganuary Stars of the season: root vegetables Bramata polenta Oven-baked carrots Pumpkin seed vinaigrette Marinated beetroot leaves approx 458.5 cal. INT CHF 9.00 / EXT CHF 12.50
DESSERT  Cheesecake approx 473.5 cal. 2.50	DESSERT  Orange and cinnamon crème with pistachio crumble approx 198.2 cal. 2.50	DESSERT  Toblerone mousse approx 319.6 cal. 2.50	DESSERT  Apple trifle with granola approx 212.5 cal. 2.50	DESSERT  Vermicelles with kirsch, meringue and whipped cream approx 179.7 cal. 2.50