




















Staff restaurant Eldora - Roche Quadra Terra / Quadra

| Monday, 26. January | Tuesday, 27. January | Wednesday, 28. January | Thursday, 29. January | Friday, 30. January |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| SUPPE   Savoy cabbage and potato soup <i>approx 179.1 cal.</i> 2.50 | SUPPE   Indian lentil and spinach soup <i>approx 114.7 cal.</i> 2.50 | SUPPE   Black salsify soup <i>approx 85.7 cal.</i> 2.50 | SUPPE   Cream of parsnip soup <i>approx 70.2 cal.</i> 2.50 | SUPPE  Cream of pea soup <i>approx 122.0 cal.</i> 2.50 |
| AROUND THE WORLD Stars of the season: root vegetables Sliced chicken with root vegetables Rosemary sauce Spätzli Marinated purslane <i>approx 677.2 cal. / Chicken: Switzerland</i> INT CHF 12.00 / EXT CHF 15.50 | AROUND THE WORLD Chilli con carne Spicy beef with beans, corn and bell peppers Long grain rice Guacamole Nachips <i>approx 756.5 cal. / Beef: Switzerland</i> INT CHF 12.00 / EXT CHF 15.50 | AROUND THE WORLD Stars of the season: root vegetables Viennese creamy veal goulash Spinach noodles Baked parsnips <i>approx 734.7 cal. / Veal: Switzerland</i> INT CHF 12.00 / EXT CHF 15.50 | AROUND THE WORLD Emmental sausage schnitzel Red wine sauce French fries Peas à la française <i>approx 973.6 cal. / Escalope (veal, pork): Switzerland</i> INT CHF 12.00 / EXT CHF 15.50 | AROUND THE WORLD  Marinated dorade fillet Noilly Prat sauce Saffron risotto Broccoli <i>approx 865.7 cal. / Gilthead: Turkey</i> INT CHF 12.00 / EXT CHF 15.50 |
| ENJOY GREEN  Veganuary Indian vegetable samosas Lentil dal Naan bread Cucumber raita <i>approx 770.2 cal.</i> INT CHF 9.00 / EXT CHF 12.50 | ENJOY GREEN  Veganuary Stars of the season: root vegetables Beetroot and barley patty Soy yoghurt dip with coriander Creamed black salsify Fried Brussels sprouts <i>approx 413.2 cal.</i> INT CHF 9.00 / EXT CHF 12.50 | ENJOY GREEN  Veganuary Cevapcici based on soy and wheat protein Ajvar sauce Lyonnaise potatoes Sautéed white cabbage <i>approx 747.1 cal.</i> INT CHF 9.00 / EXT CHF 12.50 | ENJOY GREEN  Veganuary Stars of the season: root vegetables Orecchiette Gourmet mushroom Bolognese Baked root vegetables <i>approx 562.7 cal.</i> INT CHF 9.00 / EXT CHF 12.50 | ENJOY GREEN Veganuary Stars of the season: root vegetables Bramata polenta Oven-baked carrots Pumpkin seed vinaigrette Marinated beetroot leaves <i>approx 458.5 cal.</i> INT CHF 9.00 / EXT CHF 12.50 |
| DESSERT   Cheesecake <i>approx 473.5 cal.</i> 2.50 | DESSERT Orange and cinnamon crème with pistachio crumble <i>approx 198.2 cal.</i> 2.50 | DESSERT  Toblerone mousse <i>approx 319.6 cal.</i> 2.50 | DESSERT  Apple trifle with granola <i>approx 212.5 cal.</i> 2.50 | DESSERT  Vermicelles with kirsch, meringue and whipped cream <i>approx 179.7 cal.</i> 2.50 |